



CALIFORNIA

— BASEBALL —



CALIFORNIA ATHLETICS

Winning...

Brandon Morrow
Baseball
2006 All-Pac-10
Fifth player selection
Major League Draft

Duje Draganja
Men's Swimming & Diving
2004 Olympic Silver Medalist

Natalie Coughlin
Women's Swimming & Diving
Five-Time 2004 Olympic Medalist

RECENT TEAM NATIONAL CHAMPIONS



2002 SOFTBALL



2004 MEN'S GOLF



2006 MEN'S CREW



CURRENT CONFERENCE CHAMPIONS



2006 FIELD HOCKEY
NorPac Champions



2006 FOOTBALL
Pac-10 Co-Champions



2006 MEN'S SOCCER
Pac-10 Champions

Cal

Patrick O'Neil
Men's Swimming & Diving
2007 NCAA Champion
200 Butterfly

Jessica Hardy
Women's Swimming & Diving
2007 NCAA Champion
100 Breaststroke

Kelechi Anyanwu
Women's Outdoor Track & Field
2007 NCAA Champion
Discus

Dana Vollmer
Women's Swimming & Diving
2007 NCAA Champion
100 Butterfly

Tim McNeill
Men's Gymnastics
2007 NCAA Champion
Parallel Bars
Pommel Horse

Alysia Johnson
Women's Indoor and Outdoor
Track & Field
2007 NCAA Champion
800 m

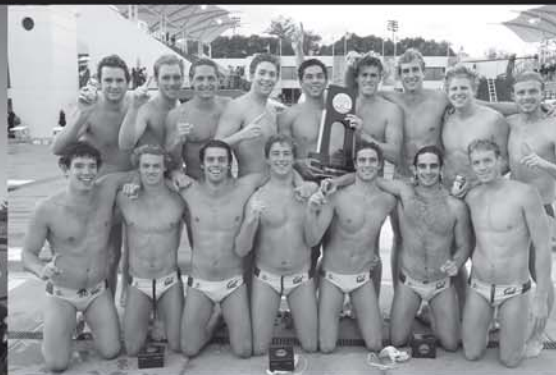
...is a Cal tradition!



2006 WOMEN'S CREW



2007 RUGBY



2007 MEN'S WATER POLO

Valentina Godfrid
Women's Field Hockey
2006 NorPac Conference
Player of the Year

Marshawn Lynch
Football
2006 Pac-10 Conference
Offensive Player of the Year

Daymeion Hughes
Football
2006 Pac-10 Conference
Defensive Player of the Year

Susie Babos & Zsuzsanna Fodor
Women's Tennis
2007 Pac-10 Conference
Doubles Team of the Year

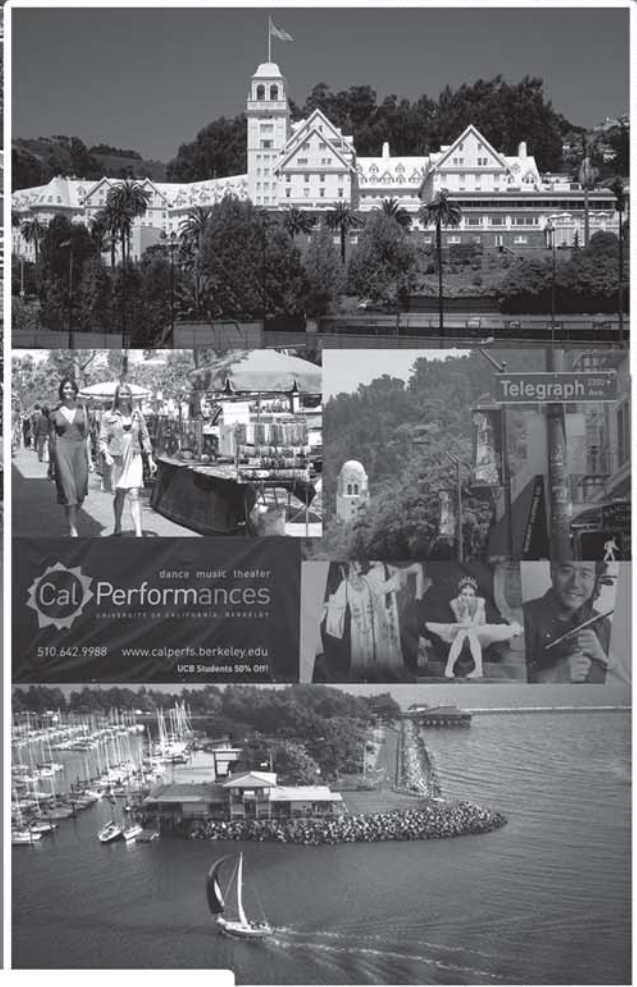
BERKELEY AND THE BAY AREA

The San Francisco Bay Area is a major metropolitan area of approximately six million people and one of the most scenic regions in the United States. The Bay Area includes the major cities of San Francisco and Oakland, as well as Berkeley, home of the world-renowned University of California. Just south is the city of San Jose and the Silicon Valley, home to many of the world's high-tech companies. The Bay Area also lies within easy driving distance of the high Sierra resorts of Lake Tahoe and Yosemite, the Monterey/Carmel peninsula, the world famous Napa wine country, and the spectacular Mendocino Coast.

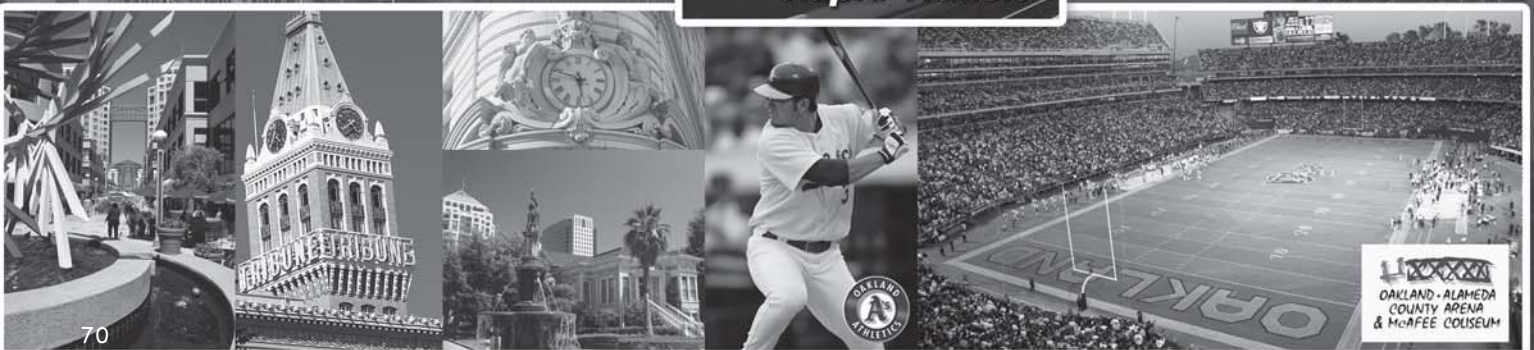
Everyone knows "The City" - San Francisco - from countless photographs, movies and television shows that capture its magic. It is a city built on a series of more than 40 hills, offering panoramic views of every kind. The hub of a nine-county complex and the financial and insurance capital of the world, San Francisco has a resident population of about 740,000. San Francisco is situated on a 46.6 square-mile peninsula bounded on the west by the Pacific Ocean, on the north by the Golden Gate strait, and from north to east by the San Francisco Bay. The City has been named the world's top city twice by readers of *Conde Nast Traveller* and the top U.S. city seven times since 1988.

The San Francisco Bay is spanned by two landmarks, the Golden Gate and San Francisco-Oakland Bay bridges, and graced by four islands: Alcatraz, Angel, Yerba Buena and Treasure. The area is easily navigated by car, BART (Bay Area Rapid Transit), bus or ferry, making it easily accessible to all.

BERKELEY



OAKLAND



SAN FRANCISCO



Golden Gate Bridge

TOP U.S. CITIES

1. San Francisco, CA
2. Santa Fe, NM
3. Charleston, SC
4. New York, NY
5. Chicago, IL
6. Honolulu, HI
7. New Orleans, LA
8. Carmel, CA
9. Savannah, GA
10. Boston, MA

Source: Conde Nast Traveller magazine, 2004 Readers' Choice Awards

Located across the Bay Bridge from San Francisco, Oakland is a city of 400,000, jam-packed with exciting attractions, stimulating arts, and an ideal climate. Oakland's charm exceeds its man-made wonders, as its tumbling hills, vast forests, hiking and riding trails, beautiful lakes and numerous parks provide a natural escape for those who prefer nature over an urban environment.

Berkeley, just a 12-mile drive from San Francisco, is situated on 18.8 square miles with a population of 103,000 people. A study in contrasts, Berkeley is a small town with a big-city character. With its world-renowned university, global population and rich diversity of cultural arts, Berkeley reflects and affects the rest of the country.

Sports fans can see it all in the Bay Area - professional football (San Francisco 49ers, Oakland Raiders), professional basketball (Golden State Warriors), professional baseball (San Francisco Giants, Oakland Athletics), professional hockey (San Jose Sharks), and outstanding collegiate competition.

Sources: S.F. Convention and Visitors Bureaus, Oakland Convention & Visitors Authority, Berkeley Convention and Visitors Bureau, and the California Trade and Commerce Agency.

LAKE TAHOE

California Beaches



Yosemite National Park

THE UNIVERSITY OF CALIFORNIA

SIMPLY THE BEST

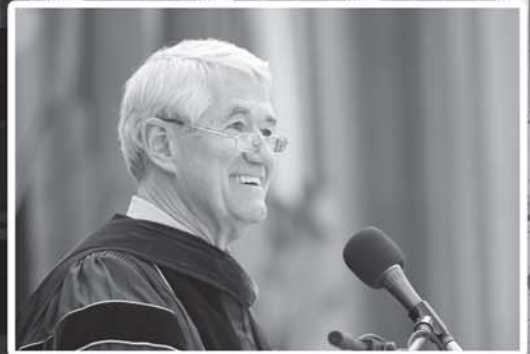
There is no other way to aptly describe America's top public university. There is no other way to describe one of the elite academic settings in the world – especially one that also includes one of America's most successful athletic departments.

The University of California blends the best of all worlds. Overlooking the scenic San Francisco Bay and ranked as the nation's top public university by the *U.S. News and World Report*, the flagship campus of the state of California also features an athletic program that annually finishes among the leaders in the Directors' Cup standings, which rates the overall success of America's athletic departments.

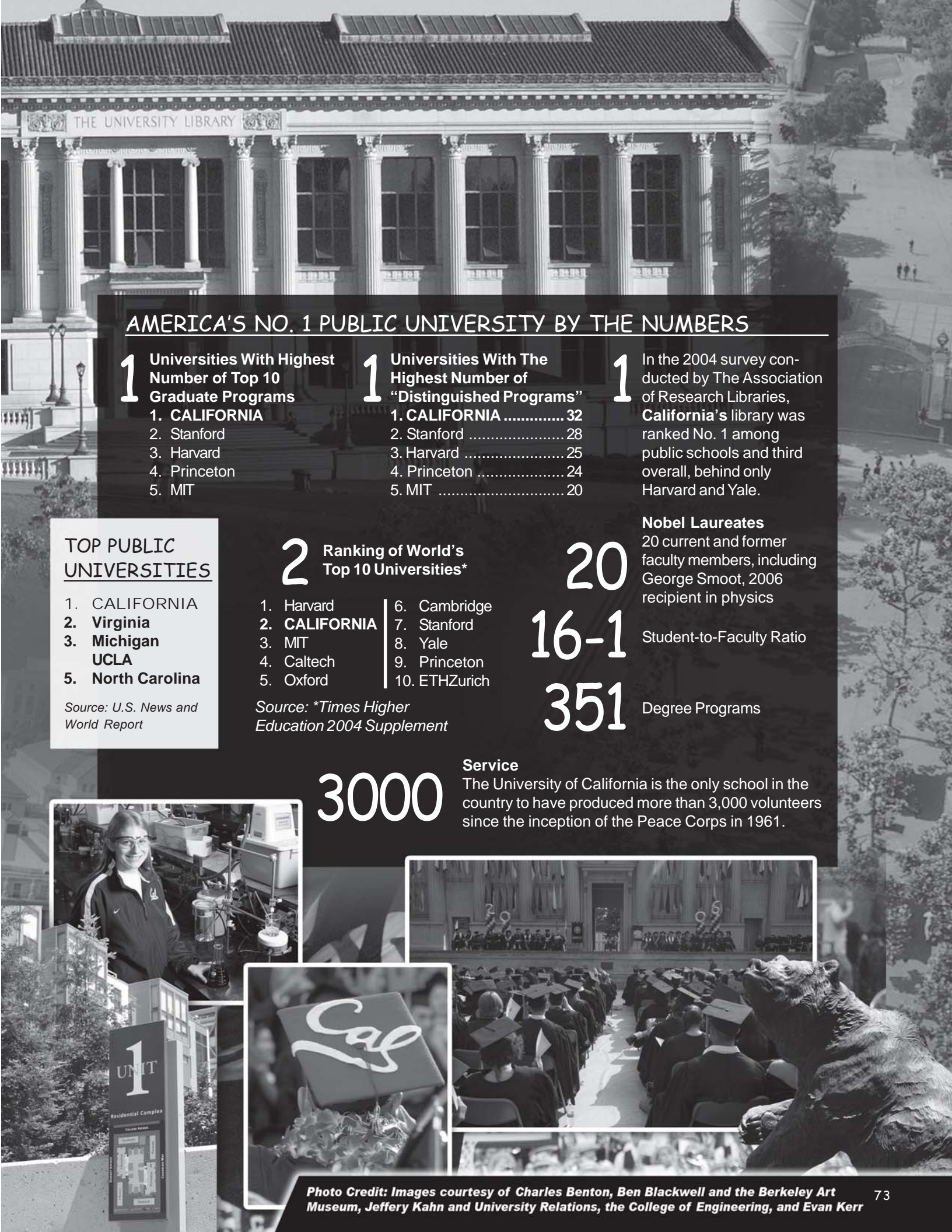
Cal attracts what many believe to be the finest applicant pool in the United States. The university features a diverse student-body population. The University of California offers 300 degree programs, and 35 of the school's 36 graduate programs are ranked among America's top 10. Cal's 35 programs among the top 10 is No. 1 among all universities in the country, as is its 32 "distinguished" programs, as rated by the National Research Council.

The library is ranked third in the country, as judged by Association of Research Libraries with 9 million volumes in 18 campus libraries.

The faculty features seven Nobel Laureates, 128 members of the National Academy of Sciences, 16 MacArthur Fellows, 83 Fulbright Scholars, three Pulitzer Prize winners and more Guggenheim Fellows (139) than any other university in America.



Nobel Laureate George Smoot



AMERICA'S NO. 1 PUBLIC UNIVERSITY BY THE NUMBERS

1 Universities With Highest Number of Top 10 Graduate Programs

1. CALIFORNIA
2. Stanford
3. Harvard
4. Princeton
5. MIT

1 Universities With The Highest Number of "Distinguished Programs"

- | | |
|---------------------|----|
| 1. CALIFORNIA | 32 |
| 2. Stanford | 28 |
| 3. Harvard | 25 |
| 4. Princeton | 24 |
| 5. MIT | 20 |

1 In the 2004 survey conducted by The Association of Research Libraries, California's library was ranked No. 1 among public schools and third overall, behind only Harvard and Yale.

Nobel Laureates

20 current and former faculty members, including George Smoot, 2006 recipient in physics

16-1 Student-to-Faculty Ratio

351 Degree Programs

TOP PUBLIC UNIVERSITIES

1. CALIFORNIA
2. Virginia
3. Michigan
4. UCLA
5. North Carolina

Source: U.S. News and World Report

2 Ranking of World's Top 10 Universities*

- | | |
|---------------|----------------|
| 1. Harvard | 6. Cambridge |
| 2. CALIFORNIA | 7. Stanford |
| 3. MIT | 8. Yale |
| 4. Caltech | 9. Princeton |
| 5. Oxford | 10. ETH Zurich |

Source: *Times Higher Education 2004 Supplement

20
16-1
351

3000

Service

The University of California is the only school in the country to have produced more than 3,000 volunteers since the inception of the Peace Corps in 1961.



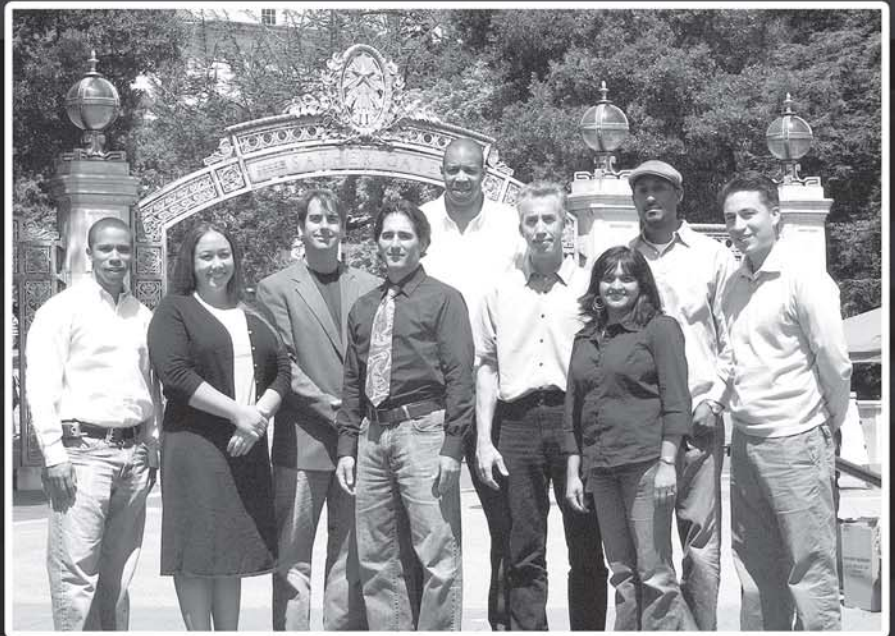
ACADEMIC ACHIEVEMENT

One of the real success stories for the University of California is the development and growth of a comprehensive academic support program for its student-athletes - the Athletic Study Center.

In 1984, campus officials and Athletic Department administrators decided that a greater emphasis needed to be placed on helping Cal student-athletes with their academic pursuits. The Athletic Study Center was thus born and charged with developing an academic support program geared to the needs of NCAA Division I student-athletes. It was a significant development for an academically oriented institution such as Cal to recognize the special needs required for a modern student-athlete's success both as an athletic competitor on the field of play and in the classroom.

PROGRAM FOR STUDENT-ATHLETES

The Athletic Study Center, which is housed within the Division of Undergraduate Education, is the tutorial and academic support program for the nearly 1,000 student-athletes at Cal. Centrally located in the Cesar Chavez Student Center, the program provides a



ATHLETIC STUDY CENTER STAFF

(From left): Michael Thompson, Chris Lane, Derek Van Rhennen, Tony Mirabelli, Stephen Johnson, Richard Deshong, Melanie Moonsamy, Quame Patton, and Cassidy Raheer.

spacious and comfortable arboretum for quiet study, separate classrooms for individual and group tutorials, and a computer lab for word processing and required course work.

Geared around the understanding of the amount of time student-athletes must

devote to practice, training, physical therapy and team travel, the program creates an environment where students can cultivate good study habits, receive individual or group tutoring and obtain counseling from academic advisors.

TUTORIAL PROGRAM

The Tutorial Program promotes and enhances students' academic skills and progress by providing individual tutoring, group workshops, study groups, credit courses and intensive special programs. The Athletic Study Center has between 50-60 tutors on staff per semester to guarantee that students receive the best possible support. Tutorial sessions are also offered at night enabling student-athletes to receive help after practices when they have more time to devote to studying.

ADVISING PROGRAM

The Advising Program offers a broad range of services to meet the unique needs of student-athletes, including assistance in understanding and complying with University, college and NCAA requirements, developing time management skills and resolving personal issues unique to student-athletes.

During the freshman year, advisors typically try to help student-athletes make a successful academic transition from high school, while during the sophomore year, they assist student-athletes in making decisions on appropriate majors and fields of study. For the final two years, advisors take more of an exiting approach, ensuring that proper academic progress is being made towards graduation while referring juniors and seniors to areas on campus that can help with career planning.

SPECIAL PROGRAMS

In addition, the Athletic Study Center offers a Summer Bridge adjunct program designed to help ease the transition from high school to college. The primary components for the program include writing and math workshops, an advising workshop, study skills seminars and an evening tutorial program.

Another special program offered is Peer Advising. Peer advisors provide academic and campus life guidance for new intercollegiate student-athletes. They are selected from junior and senior student-athletes who assist in developing programs to further address the needs of student-athletes.

Photo by Steve McConnell

STRENGTH & CONDITIONING



The strength and conditioning program for Cal Baseball is a comprehensive process which combines modern Olympic platform, aerobic and anaerobic workouts in the Haas Pavilion fitness facility with personalized training to maximize strength, speed, flexibility and overall health.

An integral part of the Cal Baseball program and its success is the strength and conditioning program, led by Hank Behrens and assistants, who supervise the comprehensive operation for the Golden Bear team. The program's philosophy is geared towards helping each student-athlete achieve the highest level of athletic development.

By teaching how all the components of strength and conditioning fit together, student-athletes understand how to maximize force production. This includes enhancement of speed, strength and flexibility, which results in improved power. Motivating, educating and helping to reach maximum athletic development is the primary focus of the Cal program.



JENNA SMITH
Strength & Conditioning

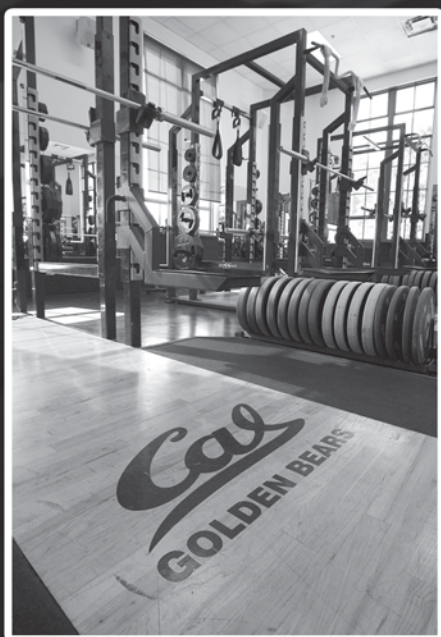
The Cal weight room includes eight Olympic platforms and an array of aerobic and anaerobic equipment. The picturesque facility offers panoramic views of the entire region, including San Francisco and the Bay. The training regimen at Cal is a year-round process that emphasizes the speed, strength and flexibility. With closely monitored workouts that involve a great deal of individual instruction and attention, student-athletes are taught the correct techniques to increase

peak performance during competition.

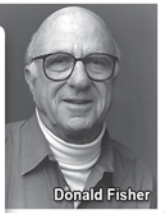
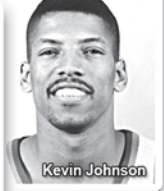
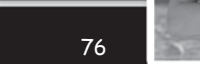
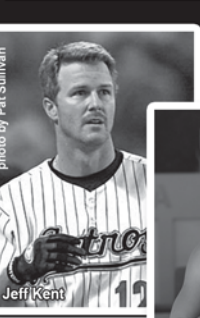
Cal's program stresses comprehensive training in order to improve both strength and speed. Flexibility is a key component because it is essential for proper lifting.

Athlete workouts are closely monitored by the conditioning staff who work in collaboration with the entire sports medicine team (doctors, athletic trainers, physical therapists, nutritionists, etc.) to ensure the health and safety of all of student-athletes.

In this way, Cal's strength and conditioning program is a vital component linking the "full circle" of a student-athlete's physical development from conditioning through rehabilitation and reconditioning.



NOTABLE ALUMNI



- Shareef Abdur-Rahim** - NBA All-Star, 2000 U.S. Olympian
- Lisa Arce** - Former pro beach volleyball star
- Steve Bartkowski** - No. 1 overall NFL draft pick in 1975
- Stephen Bechtel** - Founder of world's largest construction engineering firm
- Zulfikar Ali Bhutto** - President, Islamic Republic of Pakistan
- Matt Biondi** - Three-time Olympic swimmer, winner of eight gold medals
- Rose Bird** - Chief Justice, California Supreme Court
- W. Michael Blumenthal** - U.S. Secretary of the Treasury
- Jerry Brown** - State Attorney General, former governor of California, former mayor of Oakland
- Thomas Cech** - Chemist, Nobel Prize winner
- Peter Chernin** - Chairman, 20th Century Fox
- Leroy Chiao** - First Chinese-American astronaut
- Choon Kun Cho** - President, Korean Airlines
- Rachelle Chong** - Member, Federal Communications Commission
- Beverly Cleary** - Author, "Ramona the Pest"
- Natalie Coughlin** - Winner of five Olympic medals in swimming
- Joan Didion** - Author, "Play It as It Lays"
- Brig. Gen. James H. Doolittle** - World War II hero, Medal of Honor recipient
- Adam Duritz** - Lead singer, Counting Crows
- Maria Echaveste** - Deputy Chief of Staff, Clinton Administration
- Joy (Biefeld) Fawcett** - Member of three U.S. Olympic soccer teams
- Don Fisher** - Founder and Chairman of the Board, The Gap
- John Kenneth Galbraith** - Economist
- Tony Gonzalez** - NFL All-Pro tight end
- Walter A. Gordon** - Governor of Virgin Islands, U.S. District Court Judge
- Michele Granger** - Olympic gold medalist, softball pitcher
- Jennifer Granholm** - Governor of Michigan
- Andrew Grove** - President and CEO, Intel Corporation
- Walter Haas Jr.** - President, Levi Strauss & Co.; owner of Oakland Athletics
- Philip Habib** - U.S. Special Envoy to Middle East
- William R. Hearst Jr.** - Newspaper publisher
- Marguerite Higgins** - Journalist, Pulitzer Prize winner
- Susanna Hoffs** - Lead singer of "The Bangles"
- Lance Ito** - Superior Court Judge, presided over O.J. Simpson trial
- Ida Jackson** - United Nations observer, founder local chapter of National Council of Negro Women
- Jackie Jensen** - 1958 American League MVP

- Kevin Johnson** - NBA All-Star
- Edgar F. Kaiser** - Founder, Kaiser Permanente
- Jeff Kent** - 2000 National League MVP
- Clark Kerr** - Chancellor, UC Berkeley
- Jason Kidd** - NBA All-Star, U.S. Olympian
- Maxine Hong Kingston** - Author, 1997 National Humanities Medal
- Yuan T. Lee** - Chemist, Nobel Prize winner
- Willard Libby** - Scientist, discovered Carbon 14, Nobel Prize winner
- Tung Yen Lin** - World-renowned civic engineer
- Jack London** - Author, "The Call of the Wild"
- Wiley Manuel** - First African-American California State Supreme Court Justice
- Jerry Mathers** - Actor, "Leave it to Beaver"
- Brian Maxwell** - Founder, PowerBar
- John A. McCone** - Director of CIA, Atomic Energy Commission
- Terry McMillan** - Author, "Waiting To Exhale," "How Stella Got Her Groove Back"
- Robert McNamara** - U.S. Secretary of Defense
- Mary T. Meagher** - U.S. Olympic swimmer, winner of three gold medals
- Norman Mineta** - U.S. Secretary of Transportation
- Gordon Moore** - Co-founder, Intel Corp.
- Julia Morgan** - Architect
- Hardy Nickerson** - NFL All-Pro linebacker
- Sadako Ogata** - U.N. High Commissioner for Refugees
- Gregory Peck** - Actor, Academy Award winner, "To Kill a Mockingbird"
- Kenneth Pitzer** - Chemist, president of Stanford University
- Robert Raven** - President, American Bar Association
- Helen Wills Moody Roark** - Winner of eight Wimbledon championships
- Glenn Seaborg** - Nuclear physicist, Nobel Prize winner, co-founder of Element 106
- Margaret Rhea Seddon** - Astronaut
- Michael Silver** - Yahoo Sports columnist
- William G. Simon** - Director, FBI
- Samuel Smith** - President, Washington State University
- Robert Gordon Sproul** - President, University of California
- Leigh Steinberg** - Lawyer, sports agent
- Michelle Tafoya** - TV Sports Personality, Monday Night Football sideline reporter
- George Takei** - Actor, Mr. Sulu on "Star Trek"
- Roger Traynor** - Chief Justice, California Supreme Court
- Eugene Trefethen Jr.** - President, Kaiser Industries
- Rex Walheim** - Space Shuttle astronaut
- Earl Warren** - Chief Justice, U.S. Supreme Court
- Alice Waters** - Chef, restaurateur, "Chez Panisse"
- Jann Wenner** - Founder, "Rolling Stone" magazine
- Lionel Wilson** - First African-American mayor of Oakland
- Pete Wilson** - Governor of California
- Dean Witter** - Founder, Dean Witter Financial Services
- Steve Wozniak** - Co-founder, Apple Computer Systems
- James D. Zellerbach** - U.S. Ambassador to Italy

